

Taylor R. Rodriguez

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EDUCATIONAL BACKGROUND

Rutgers, The State University of New Jersey, New Brunswick NJ
Ph.D. in Clinical Psychology 2021 - Present

University of Southern Mississippi, Hattiesburg, MS
M.A. in Clinical Psychology 2020
Master's thesis: Mental Healthcare Providers' Personality and Its Relation
to Preferences of Client Personality
Major professor: Joye C. Anestis, Ph.D.

Augusta University, Augusta, GA
M.S. in Clinical Psychology 2018
B.S. in Psychology 2016

PEER-REVIEWED PUBLICATIONS

8. **Rodriguez, T.R.**, Bandel, S.L., Bond, A.E., Anestis, M.D., & Anestis, J.C. (In Press). Preferences of a potential therapist's suicide lived experience and use of therapy. *Psychological Services*.
7. Bond, A.E., Bandel, S.L., **Rodriguez, T.R.**, Anestis, J.C., & Anestis, M.D. (2022). Mental health treatment seeking and history of suicidal thoughts among suicide decedents by mechanism, 2003-2018. *JAMA Network Open*, 5(3). doi:10.1001/jamanetworkopen.2022.2101
6. Anestis, J.C., Preston, O.C., **Rodriguez, T.R.**, & Harrop, T.M. (2022). MMPI-3 scale predictors of reactions to ostracism in a sample of racially diverse college students. *Psychological Assessment*, 34(6), 503–516. <https://doi.org/10.1037/pas0001113>
5. Anestis, J.C., Harrop, T.M., Preston, O.C., Bulla, B.A., & **Rodriguez, T.R.** (2022). Assessing physical pain perception and psychological distress tolerance through the MMPI-2-RF: A comparison of multimethod measures. *Journal of Personality Assessment*, 104(1), 86-97. <https://doi.org/10.1080/00223891.2021.1905653>
4. Bulla, B.A., **Rodriguez, T.R.**, & Anestis, J.C. (2022). Preferences regarding therapists' history of personal therapy or suicidal ideation: A comparison of undergraduates and mental healthcare providers. *Psychological Services*, 19(1), 38–45. <https://doi.org/10.1037/ser0000500>

3. Anestis, J.C., Anestis, M.D., Preston, O.C., & **Rodriguez, T.R.** (2021). Dispositional characteristics in firearm ownership and purchasing behavior during the 2020 purchasing surge. *Social Science and Medicine*, 289. <https://doi.org/10.1016/j.socscimed.2021.114408>
2. Charles, N.E., **Rodriguez, T.R.**, Bullerjahn, M.R., Simpson, L.Q., Swygert, L.M., Finn, J.A., & Anestis, J.C. (2021). Expectations and preferences for psychotherapy among African American and White young adults. *Journal of Racial and Ethnic Health Disparities*, 8(3), 678-689. <https://doi.org/10.1007/s40615-020-00827-2>
1. Anestis, J.C., **Rodriguez, T.R.**, Preston, O.C., Harrop, T.M., Arnau, R.C., & Finn, J.A. (2021). Personality assessment and psychotherapy preferences: Congruence between client personality and therapist personality preferences. *Journal of Personality Assessment*, 103(3), 416-426. <https://doi.org/10.1080/00223891.2020.1757459>

GRANTS, HONORS, & AWARDS

Rutgers School of Graduate Studies Travel Award, \$1000	2022
USM Clinical Case Conference Award, \$250	2021
Society for Personality Assessment Virtual Convention Diversity Award, \$300	2021
USM Graduate School Competitive Travel Award, \$750	2020
Society for Personality Assessment Travel Grant, \$295	2020
USM Clinical Psychology Thesis Grant, \$250	2019
USM Clinical Foundation Travel Grant, \$150	2019
Augusta University Graduate School Travel Scholarship, \$500	2018

SCIENTIFIC RESEARCH PRESENTED

23. **Rodriguez, T.R.**, Bandel, S.L., Bond, A.E., Anestis, M.D., & Anestis, J.C. (2022, November). Predictors of recent mental health service utilization among firearm owning service members with high levels of psychological distress. [Presentation accepted]. National Research Conference for Firearm Injury Prevention, Washington, DC, United States.
22. Bond, A.E., Brooks, J., **Rodriguez, T.R.**, Bandel, S.L., & Anestis, M.D. (2022, November). Examining characteristics and experiences of black firearm owners. [Poster accepted]. National Research Conference for Firearm Injury Prevention, Washington, DC, United States.
21. **Rodriguez, T.R.**, Woodling, C., O'Dell, C., Charles, N.E., & Anestis, J.C. (2022, November). A comparison of psychotherapy expectations and preferences among Black and White undergraduate women [Poster accepted]. Association for Behavioral and Cognitive Therapies annual meeting, New York, NY, United States.

20. **Rodriguez, T.R.**, Anestis, J.C., O'Dell, C., Preston, O.C., Harrop, T.M., & Charles, N.E. (2022, June). MMPI-3 scores of White and Black American undergraduates: Group differences and evidence of convergent/discriminant validity with the ASEBA Adult Self-Report [Presentation]. Annual Symposium on Recent MMPI Research, Minneapolis, MN, United States.
19. Bond, A.E., Bandel, S.L., **Rodriguez, T.R.**, Anestis, J.C., & Anestis, M.D. (2022, June). Mental health treatment seeking and history of suicidal thoughts among suicide decedents by mechanism, 2003-2018 [Presentation]. Suicide Research Symposium. Virtual convention.
18. **Rodriguez, T.R.** Anestis, J.C., Anestis, M.D., & Preston, O.C. (2022, May). Student Panel Blitz: Dispositional characteristics in firearm ownership and purchasing behavior during the 2020 purchasing surge [Presentation]. GVRC Research Day. Virtual convention.
17. **Rodriguez, T.R.** Anestis, J.C., Anestis, M.D., & Preston, O.C. (2022, May). Dispositional characteristics in firearm ownership and purchasing behavior during the 2020 purchasing surge [Presentation]. NJ GVRC Student Research Day. Virtual convention.
16. **Rodriguez, T.R.**, Anestis, J.C., Harrop, T.M., & Preston, O.C. (2022, March). Assessing pain perception through the MMPI-3: A comparison of multimethod measures [Presentation]. Society for Personality Assessment annual meeting, Chicago, IL, United States.
15. **Rodriguez, T.R.**, Rufino, K.A., Patriquin, M.A., & Anestis, J.C. (2021, June). Predicting symptom change among psychiatric inpatients with the MMPI-2-RF: Considering the role of therapeutic alliance [Presentation]. Annual Symposium on Recent MMPI Research. Virtual convention.
14. **Rodriguez, T.R.**, & Anestis, J.C. (2021, March). Providers have preferences too: An initial examination of the role of personality in mental healthcare providers' preferences for clients [Presentation]. Society for Personality Assessment annual meeting. Virtual convention.
13. **Rodriguez, T.R.**, Schultz, D., Harrop, T.M., Preston, O.C., Bulla, B.A., Anestis, J.C., & Finn, J.A. (2020, November). Attitudes and preferences of Christian and non-religious individuals regarding mental illness and treatment [Poster]. Association for Behavioral and Cognitive Therapies annual meeting. Virtual convention.
12. **Rodriguez, T. R.**, Anestis, J. C., Silverman, M., Erbes, C. R., Schumacher, M. M., Ferrier-Auerbach, A., & Arbisi, P.A. (2020, March) Treatment utilization amongst veterans with externalizing psychopathology [Poster accepted]. Society for Personality Assessment annual meeting, San Diego, CA, United States. (Conference canceled due to COVID-19 pandemic).

11. **Rodriguez, T. R.**, Anestis, J. C., Preston, O. C., Harrop, T. M., Arnau, R., & Finn, J. A. (2020, March). The role of personality assessment in psychotherapy preferences: Congruence between client and therapist personality [Presentation accepted]. Society for Personality Assessment annual meeting, San Diego, CA, United States. (Conference canceled due to COVID-19 pandemic).
10. **Rodriguez, T. R.**, Bulla, B. A., & Anestis, J. C. (2019, November). Mental health stigma and perception for clinicians and undergraduates: A delay discounting paradigm [Poster]. Association for Behavioral and Cognitive Therapies annual meeting, Atlanta, GA, United States.
9. **Rodriguez, T. R.**, Bulla, B. A., & Anestis, J. C. (2019, May). Investigating the relationship between psychopathic traits and stigma toward seeking psychological help [Poster]. Society for the Scientific Study of Psychopathy biennial meeting, Las Vegas, NV, United States.
8. Bulla, B. A., **Rodriguez, T. R.**, Anestis, J. C. (2019, May). Triarchic model of psychopathy and LGB therapists: A delay discounting paradigm [Poster]. Society for the Scientific Study of Psychopathy biennial meeting, Las Vegas, NV, United States.
7. Bulla, B. A., **Rodriguez, T. R.**, Anestis, J. C. (2019, April). Triarchic model of psychopathy and LGB therapists: A delay discounting paradigm [Presentation]. Susan A. Siltanen Graduate Student Research Symposium, Hattiesburg, MS, United States.
6. **Rodriguez, T. R.**, Anestis, J. C., Charles, N., Bullerjahn, M., Swygert, L., Simpson, L., & Finn, J. A. (2019, April). Racial disparities in mental health care: Considering differences in expectations and preferences for psychotherapy [Presentation]. Susan A. Siltanen Graduate Student Research Symposium, Hattiesburg, MS, United States.
5. Anestis, J. C., **Rodriguez, T. R.**, Altenberger, T., Green, B. (2019, March). MMPI-2-RF predictors of psychotherapy termination: Associations with initial level of distress and interpersonal functioning [Presentation]. Society for Personality Assessment annual meeting, New Orleans, LA, United States.
4. **Rodriguez, T. R.**, Finn, J.A., & Anestis, J. C. (2019, March). Personality assessment and rehabilitation planning: Pilot study in veterans with mild TBI [Presentation]. Society for Personality Assessment annual meeting, New Orleans, LA, United States.
3. **Rodriguez, T. R.**, Anestis, J. C., Charles, N., Bullerjahn, M., Swygert, L., Simpson, L., & Finn, J. A. (2019, February). Racial disparities in mental health care: Considering differences in expectations and preferences for psychotherapy

[Poster]. Mississippi Academy of Sciences annual meeting, Hattiesburg, MS, United States.

2. Hoffman, Z., Perkey, H., Widner, S., Cain, L., Stein, B., Daniel, K., **Rodriguez, T.**, & Slavin-Mulford, J. (2018, May). Trainee therapist characteristics related to therapeutic alliance and technique [Presentation]. Society for the Exploration of Psychotherapy Integration annual meeting, New York, NY, United States.
1. **Rodriguez, T.**, Baker, F., Eckert B., Lui V., & Perkins R. (2018, March). Effects of individual characteristics on blame attribution in hate crime scenarios [Poster]. Southeastern Psychological Association annual meeting, Charleston, SC, United States.

DISSEMINATION AND IMPLEMENTATION EFFORTS

Science Simplified Network

July 2021 - Present

Co-creator

Network Website: <https://sciencesimplifiednetwork.weebly.com>

Responsibilities: Create visual abstracts and infographics that share psychological research and mental health information in a simplified manner. Create and manage the network's website and social media accounts. The network has disseminated over 40 visual abstracts and infographics.

Suicide and Emotion Dysregulation Laboratory

July 2020 - July 2021

Contributor

Lab Website: <http://mikeanestis.weebly.com/visual-abstracts--graphics.html>

Responsibilities: Contributed to 9 visual abstracts and infographics sharing suicide prevention research in a simplified manner.

Media Appearances

The Philadelphia Inquirer (2021, December 1). *Who bought firearms during 2020 purchasing surge* [Interview]. <https://www.inquirer.com/health/gun-safety-threat-rutgers-psychology-20211201.html>

WRNJ Radio (2021, November 17). *Who bought firearms during 2020 purchasing surge* [Interview].

Rutgers Today, Research and Intervention (2021, November 16). *Who bought firearms during 2020 purchasing surge* [Press Release]. Retrieved from <https://www.rutgers.edu/news/who-bought-firearms-during-2020-purchasing-surge>

Rodriguez, T.R., Bond, A.E., & Bandel, S.L. (2021, March 3). Suicide prevention series: Research informed part 2 (No. 4) [Podcast episode]. In *Let's Psyconnect*. Retrieved from <https://letspsyconnect.com>

Blog Posts

Rodriguez, T.R., & Slavin-Mulford, J. (2018, February). Session frequency and psychotherapy outcome in a naturalistic setting [Web article] [Review of the article *The relationship between session frequency and psychotherapy outcome in a naturalistic setting*, by D. Erekson, M. Lambert, & D. Eggett]. Retrieved from <http://societyforpsychotherapy.org/session-frequency-psychotherapy-outcome-naturalistic-setting>

Rodriguez, T.R., & Slavin-Mulford, J. (2018, February). Improving mental health in health care practitioners [Web article] [Review of the article *Improving mental health in health care practitioners: Randomized controlled trial of a gratitude intervention*, by S. T. Cheng, P. K. Tsui, & J. H. M. Lam]. Retrieved from <http://societyforpsychotherapy.org/improving-mental-health-in-health-care-practitioners>

Rodriguez, T., & Slavin-Mulford, J. (2018, January). The role of therapists crying in therapy: An article review [Web article] [Review of the article *Do therapists cry in therapy? The role of experience and other factors in therapists' tears*, by A.C. Blume-Marcovici, R.A. Stolberg, & M. Khademi]. Retrieved from <http://societyforpsychotherapy.org/role-therapists-crying-in-therapy>

GRANT FUNDED RESEARCH INVOLVEMENT

National Institute of Aging,

March 2022 – Present

Behavioral Exposure for Interoceptive Tolerance (BE-FIT Trial)

Health Education Control Interventionist

Project Description: A randomized control trial examining the efficacy of a novel cognitive behavioral intervention to reduce fear during exercise among adults attending cardiac rehabilitation.

Principle Investigator: Samantha Farris, Ph.D.

Responsibilities: Provide a 6-session control intervention focused on healthy aging.

National Institute of Mental Health,

September 2021 - Present

Comprehensive Adaptive Multisite Prevention of University Student Suicide (CAMPUS Trial)

Independent Evaluator

Project Description: A multi-site randomized control trial examining the effectiveness of a tiered intervention approach to suicide prevention amongst college students.

Principle Investigator (Rutgers): Shireen Rizvi, Ph.D.

Responsibilities: Conduct tele-assessments for participants.

Department of Defense,
Project SafeGuard

August 2020 – July 2021

Graduate Research Assistant

Project Description: Randomized control trial examining the effectiveness of lethal means counseling amongst National Guard members

Principal Investigator: Mike D. Anestis, Ph.D.

Responsibilities: Assist in research dissemination efforts; Transcription of sessions

University of Minnesota Press Test Division,

August 2019 – July 2020

Associations of the MMPI-2-RF and multimethod indicators of psychopathology and personality: The impact of race and socioeconomic status

Graduate Research Assistant

Project Description: Investigation of predictive differential validity with the MMPI-2-RF-EX regarding race and sociodemographic groups and contemporary models of psychopathology using self-report, behavioral, and psychophysiological indicators of psychopathology, personality, and functioning

Principal Investigator: Joye C. Anestis, Ph.D.

Responsibilities: Recruitment, scheduling, and management of research participants; Administration of MMPI-2-RF-EX protocols through teleassessment; Completion of data entry and record-keeping

OTHER RESEARCH EXPERIENCE

Rutgers, The State University of New Jersey, New Brunswick, NJ

August 2021 - Present

Research Assistant

Supervisor: Joye C. Anestis, Ph.D.

New Jersey Gun Violence Research Center, Piscataway, NJ

August 2021 - Present

Research Assistant

Supervisor: Mike D. Anestis, Ph.D.

University of Southern Mississippi, Hattiesburg, MS

Lab: Personality, Assessment, and Clinical Outcomes Lab

August 2018 – July 2021

Research Assistant

Supervisor: Joye C. Anestis, Ph.D.

Augusta University, Augusta, GA

Study: Predicting Therapeutic Ability

June – December 2017

Research Assistant

Supervisor: Jenelle Slavin-Mulford, Ph.D.

Study: Effect of Previous Discrimination on Blame Attribution in Hate Crime Scenarios

August 2016 – December 2017

Principal Investigator

Supervisor: Michael Stefanek, Ph.D.

Study: Increase in Functional Communication in
Children with Developmental Concerns in Comparison
with Other Children in Clinical Treatment

August – December 2016

Research Assistant

Supervisor: Stephanie A. Northington, Ph.D.

CLINICAL EXPERIENCE

Rutgers, The State University of New Jersey, New Brunswick, NJ

Health Education Control Interventionist for BE-FIT Trial

March 2022 – Present

Supervisor: Ana Abrantes, Ph.D.

Responsibilities: Provide a 6-session healthy aging intervention to older adults in cardiac rehabilitation services. Sessions include education on being an active and informed patient, living with chronic illnesses, nutrition, brain health, sleep hygiene, and emotional health.

Independent Evaluator for CAMPUS Trial

September 2021 - Present

Supervisor: Shireen Rizvi, Ph.D.

Responsibilities: Conduct the following tele-assessment battery with college students: Treatment History Interview, University of Washington Risk Assessment Protocol, Clinical Global Impression – Severity and Improvement, Scale for Suicide Ideation, Self-Injurious Thoughts and Behaviors Interview, and Global Assessment Scale

University of Southern Mississippi Psychology Clinic, Hattiesburg, MS

Psychological Trainee

May 2019 – July 2021

Supervisors: Randolph Arnau, Ph.D.; Joye Anestis, Ph.D.; Nora Charles, Ph.D.

Responsibilities: Provided outpatient psychotherapy using empirically supported treatments; conducted psychological assessments; attended weekly didactic seminars

Dialectical Behavior Therapy-Informed Group, Co-Leader

January 2020 – May 2021

Supervisor: Nora Charles, Ph.D.; Joye Anestis, Ph.D.

Responsibilities: Co-led outpatient group psychotherapy using DBT-informed and mindfulness skills; assisted in adapting the group for telehealth services

Charlie Norwood Veteran Affairs, Augusta, GA

Clinical Therapist Intern – Trauma Unit

January 2018 – July 2018

Supervisor: Lorraine Braswell, Ph.D.

Responsibilities: Conducted diagnostic intake interviews; led PTSD psychoeducation classes; provided sessions for veterans and family members focused on psychoeducation, communication skills, and supportiveness; conducted cognitive processing therapy in an individual and group setting; administered and interpreted the Clinician-Administered PTSD Scale and the Personality Assessment Inventory

Augusta Health Medical Center, Augusta, GA
Clinical Therapist Intern – Inpatient Unit August – December 2017
Supervisor: Sharon Renshaw, LPC; Deborah Dukes, LPC
Responsibilities: Conducted intake interviews within 24 hours of admittance to the inpatient unit; co-led inpatient group therapy including goal setting and psychosocial skills

Augusta University, Augusta, GA
Behavioral Health Workforce Education and Training January 2018 – July 2018
Student Therapist
Supervisor: Sabina Widner, Ph.D.
Responsibilities: Assisted with website development and expansion of a therapeutic manual; aimed to provide behavioral health care in primary care settings that serve rural and medically underserved populations

TEACHING EXPERIENCE

Rutgers University, New Brunswick, NJ
Guest Lecture – SciComm, Social & Behavioral Health Sciences November 2021

University of Southern Mississippi, Hattiesburg, MS
Teaching Assistant, Developmental Psychology January – May 2019
Teaching Assistant, Careers in Psychology August – December 2019

Augusta University, Augusta, GA
Teaching Assistant, Cognitive Assessment Practicum January – May 2018
Teaching Assistant, Behavior Pathology August – December 2017
Teaching Assistant, Personality Assessment August – December 2017

REVIEWER EXPERIENCE

Journal of Clinical Psychology
Mentored review, manuscript December 2021

Society for the Advancement of Psychotherapy (APA Division 29)
Co-reviewer, Norine Johnson, PhD, Psychotherapy Research Grant 2020-2021

Society for the Advancement of Psychotherapy (APA Division 29)
Co-reviewer, Charles J. Gelso, Ph.D., Psychotherapy Research Grant 2020-2021

Association for Behavioral & Cognitive Therapies
Co-reviewer, abstract submissions for the annual meeting 2021

Journal of Clinical Psychology
Mentored review, manuscript October 2019

Journal of Clinical Psychology
Mentored review, manuscript June 2019

Society for the Advancement of Psychotherapy (APA Division 29)
Co-reviewer, Charles J. Gelso, Ph.D., Psychotherapy Research Grant 2018

RELEVANT SERVICE

Project ‘Students for Higher-Ed Opportunities and Representation in Training’ (SHORT)
Pre-Graduate School Mentor August 2021 - Present

Society for the Advancement of Psychotherapy (APA Division 29)
Psychotherapy Research Committee Student Member January 2020 – Present

New Jersey Gun Violence Research Center August 2020 – August 2021
Research Collaborator

University of Southern Mississippi, Hattiesburg, MS
Clinical Psychology Diversity Committee August 2018 – July 2021
Student Member

Clinical Training Committee August 2019 – June 2020
Junior Graduate Student Representative

Clinical Psychology Graduate Student Organization August 2019 – June 2020
President

American Foundation for Suicide Prevention January – April 2019
Co-chair, Out of the Darkness Campus Walk

Augusta University, Augusta, GA
The Graduate Student Council August 2017 – May 2018
Student Ambassador

Department of Psychological Sciences January 2017 – May 2018
Mentor for Undergraduate and Graduate Students

Psi Chi May 2015 – May 2016
President

PROFESSIONAL TRAININGS AND WORKSHOPS

Rutgers University Communicating Clinical Science Training Program
Description: A series of workshops and training sessions focused on effective science communication.
2021- 2022 | Various experts

Dialectical Behavior Therapy (DBT)
Description: Includes 6 full day workshops of didactics and role play.
Fall 2021 | Shireen Rizvi, Ph.D.; Ronda Reitz, Ph.D.

The Collaborative Assessment and Management of Suicidality (CAMS)

Description: Includes a 3-hour foundational online course and a 2-day role play training.

Fall 2021 | David Jobes, Ph.D.; CAMS-care

A Resilience and Recovery Focused Model of Psychological Assessment

Spring 2021 | Rachel Cavallaro, PsyD; Harlan Austin, Ph.D.; Society for Personality Assessment

Introduction to Therapeutic Assessment: Using Psychological Testing as Brief Psychotherapy

Spring 2021 | Pamela Schaber, PhD; Filippo Ascheri, Ph.D.; Society for Personality Assessment

Telepsychology Best Practices 101 Series

Spring 2020 | Marlene Maheu, Ph.D.; American Psychological Association

CPTWeb – A Web-Based Learning Course for Cognitive Processing Therapy

Spring 2018 | Medical University of South Carolina

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies

Society for Personality Assessment

Society for the Advancement of Psychotherapy (APA Division 29)

The Society for a Science of Clinical Psychology