

Brian Andrew Bulla

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Education

Doctor of Philosophy; Clinical Psychology 2017 - PRESENT
The University of Southern Mississippi, Hattiesburg, MS

Master of Arts in Psychology; General Concentration 2016
University of North Carolina Wilmington, Wilmington, NC

**Master's Thesis: Emotion Differentiation Moderates the
Relationship between Anxiety and Aggression**

Thesis Chairperson: Richard S. Pond, Jr., PhD.

Readers: Caroline Clements, PhD. and Anne-Marie Iselin, PhD.

Bachelor of Arts in Psychology (Cum Laude) 2012
Minors: Classical Studies and Mathematics
University of North Carolina Greensboro, Greensboro, NC

Professional Training & Certification

June 2015 7th Annual Workshop on Modeling Individual Differences in Behavior (Multilevel Modeling in SAS), Instructor: Shevaun Neupert, Ph.D., North Carolina State University, Raleigh, NC.

Honors and Awards

2009 - 2011 Dean's List
2011 - 2012 Chancellor's List
2012 UNCG Office of Multicultural Affairs Award for Academic Excellence
2015 Graduate Tuition Award for Academic Excellence – Psychology (annual departmental award recognizing graduate students who have maintained a 4.0 GPA and defended their prospectus within their 1st year)
2015 UNCW Graduate Student Travel Allocation Award

Manuscripts in Preparation (all data collected)

Bulla, B. A. & Pond, Jr., R. S. (2017). The limits of knowing your emotions: Emotion differentiation reduces aggressive responses to provocation, but not for anxious people.

Pond, Jr. R. S., West, S., **Bulla, B. A.**, & Leschak, C. (2017). Deficits in self-control and empathetic concern mediate the association between alexithymia and aggression.

Pond, Jr., R. S., Chester, D. S., & **Bulla B. A.** (2017). Individual differences in alexithymia predict aggression: A meta-analytic review.

Bulla, B. A. & Pond, Jr., R. S. (2017). Laugh it off: Humor coping provides resilience to hostile cognition following social exclusion recall. *Journal of Positive Psychology* (Potential Outlet).

Pond, Jr., R. S. & **Bulla, B. A. (2017).** Borderline personality symptoms moderate the association between social inclusion and aggression.

Poster Presentations

Bulla, B. A. & Pond, Jr., R. S. (2017, January). *The limits of knowing your emotions: Emotion differentiation fails to buffer aggression in anxious people.* Poster presented at the 18th annual conference for the Society for Personality and Social Psychology, San Antonio, TX.

Bulla, B. A., & Pond, Jr., R. S. (2015, November). *Deficits in empathy mediate the association between alexithymia and aggression.* Poster presented at the 49th annual conference for the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Bulla, B. A., Taggart, R. S., & Pond, Jr., R. S. (2015, October). *Alexithymia mediates the association between anxiety and aggression.* Poster presented at the 37th annual conference for the Society of Southeastern Social Psychologists, Winston-Salem, NC.

Bulla, B. A., & Pond, Jr., R. S. (2015, October). *Laugh it off: Humor coping provides resilience to hostile cognition following social exclusion recall.* Poster presented at the 37th annual conference for the Society of Southeastern Social Psychologists, Winston-Salem, NC.

Research Experience

THE UNIVERSITY OF SOUTHERN MISSISSIPPI
GRADUATE RESEARCH ASSISTANT
Personality, Assessment, and Clinical Outcomes Lab
PI: Joye Anestis, Ph.D.

HATTIESBURG, MS
2017- PRESENT

UNIVERSITY OF NORTH CAROLINA WILMINGTON
LABORATORY MANAGER (Position funded through
Office of Sponsored Programs and Research Compliance)
Pond Social Psychology Lab
PI: Richard S. Pond, Jr., Ph.D.

WILMINGTON, NC
2014 – 2016

UNIVERSITY OF NORTH CAROLINA WILMINGTON
GRADUATE RESEARCH ASSISTANT (Position funded
through the University Innovations Council)
University Innovations Council Enrollment Forecast Model
PI's: Len Lecci, Ph.D. & Richard S. Pond, Jr., Ph.D.

WILMINGTON, NC
2015

UNIVERSITY OF NORTH CAROLINA WILMINGTON
PSYCHOLOGY RESEARCH ADMINISTRATOR
Psychology Research Subject Pool

WILMINGTON, NC
2014 – 2016

UNIVERSITY OF NORTH CAROLINA GREENSBORO
UNDERGRADUATE RESEARCH ASSISTANT
PI: Michael Kane, Ph.D.

GREENSBORO, NC
2013 – 2014

Additional Skills

- Programming in Inquisit (Millisecond Software)
- Data Analysis Software: IBM SPSS, SAS, G*Power
- Microsoft Word, PowerPoint, and Excel
- College Reading & Learning Association (CRLA) Training: Level 1
- Advanced Leadership Skills (managed 4-5 research assistants each semester since Fall 2014 and served as a co-advisor to honor student)

Teaching Experiences

UNIVERSITY OF NORTH CAROLINA WILMINGTON
GRADUATE TEACHING ASSISTANT

WILMINGTON, NC

Psych 464: Social and Personality Psychology (Capstone)
Instructor: Shanhong Luo, Ph.D.
Psych 271: Psychology of Human Diversity
Instructor: Lee A. Jackson, Ph.D.

Spring Semester 2016

Fall Semester 2015

UNIVERSITY OF NORTH CAROLINA GREENSBORO
UNDERGRADUATE TUTOR (Psychology)
UNCG Learning Assistance Center

GREENSBORO, NC
Fall Semester 2012

Membership & Professional Affiliations

Association for Behavioral and Cognitive Therapies (ABCT)
Society of Southern Social Psychologists (SSSP)
Society for Personality and Social Psychology (SPSP)

2015 - 2016

2015 - 2016

2016 - PRESENT